



QR code for
mobile view

Post-operative - Inpatient to Discharge

PACU handoff to Inpatient Nurse

- Report length of time in PACU
- Provide info on medications administered in the OR and PACU (including analgesics)
- Patient's overall status while in PACU

Postoperative Surgical Management

Urology Enhanced Recovery Post Op Order Set

- **Diet:**
 - Clears day of surgery/regular diet next day
- or-
- Sips of clears (to be advanced by surgery team)
- **IV Fluids:** goal is to d/c once tolerating PO
- **Ambulation:**
 - POD 0- up ad lib
 - POD 1- up to ambulate or chair as tolerated 3x/day
- **Incentive Spirometry**
- **Medications:**
 - Cefoxitin standard dosing x 23 hours
 - Ondansetron prn

Postoperative Pain Management

Goal: Minimize Opioids

- **Acute Pain Service:**
 - Will round on patient daily while catheters are in place
 - Epidural/ESP catheters will stay in place until patient is tolerating a normal diet
 - Pain team orders scheduled acetaminophen/ketorolac.
 - May consider ketamine or dexmedetomidine gtt.
- **Primary Team:**
 - Once patient is tolerating clears: can order PO oxycodone

- Assess pain q4 hr or PRN
- Initiate clear liquids; advance diet as tolerated

Epidural or ESP
Catheters
in place?

Yes

Pain team continues
to follow patient

No

Is patient
tolerating PO pain
medication?

No

Yes

- Pain team signs off
- Primary team writes pain orders

Patient meets discharge criteria for bowel,
urine, pain, PONV, diet, and ambulation

Bowel regimen:

- Daily bowel movement with prescribed regiment (refer orders)

Urine:

- Urine output 1cc/kg/hr or 30cc/hr
- Caregivers comfortable with bladder care

Pain control:

- Tolerating oral pain meds

• PONV & Diet:

- Tolerate regular diet

Ambulation:

- Ambulate 3x/day for eligible patients
- Or majority of day out of bed
- Consider P.T. consult

Does pt
meet discharge
criteria?

No

Yes

Discharge home with post-operative
follow up visit in three to four weeks

Abbreviations:

- NSAIDs- nonsteroidal anti inflammatory drugs
- PACU - post anesthesia care unit
- OR - operating room
- PONV- post-op nausea/vomiting
- PRN- as needed
- P.T. - physical therapy

- [Prior to surgery algorithm](#)
- [Pre&Intra-operative algorithm](#)
- [Post-op PACU algorithm](#)