



QR Code for mobile view

**Inclusion Criteria:**

- Adolescents at risk for unintended pregnancy

**Exclusion Criteria:**

- If > 120 hours (5 days) since unprotected sex, inadequately protected sex, or sexual assault

**General Considerations**

- The intent of EC is to prevent an unintended pregnancy and must be administered within the specified time frame
- For questions or uncertainty regarding consent, please contact Social Work
- If concern for sexual assault, contact Social Work to determine need for child abuse consult
- For risk factors or signs/symptoms of STI, refer to [Sexually Transmitted Infections Clinical Pathway](#).
- For concern with Human Sex Trafficking, refer to the [Human Sex Trafficking Clinical Pathway](#)

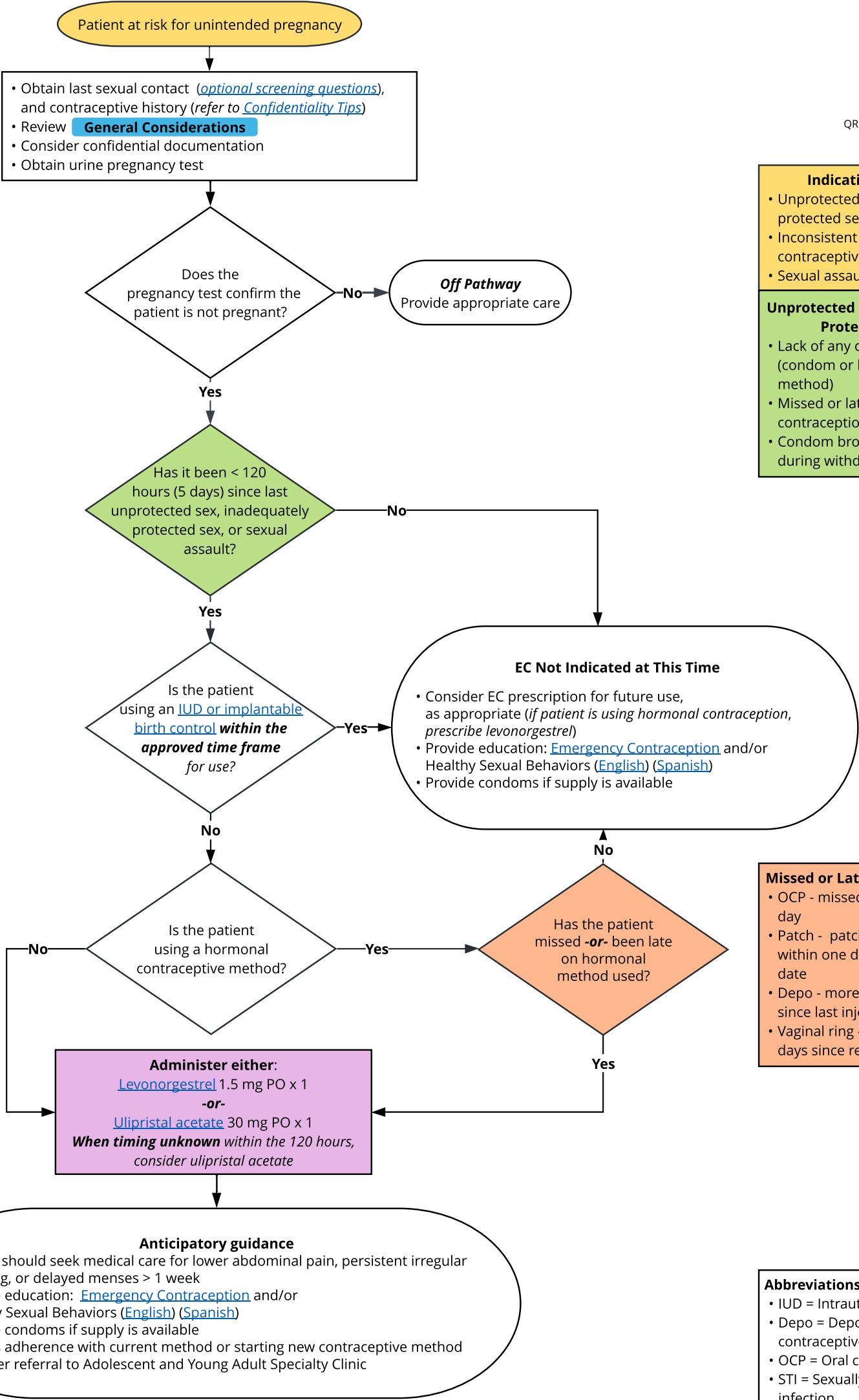
**EC Options**

**Levonorgestrel**

- Most effective within **first 3 post coital days**
- Less effective in patients with BMI > 25
- Allows for immediate initiation of hormonal contraception

**Ulipristal Acetate**

- Remains effective throughout the **first 5 post coital days**
- Preferred for patient with BMI > 25, but effectiveness may be limited in patients with BMI ≥ 30
- Effectiveness may be decreased if taking while using hormonal contraception
- Patient will need to wait 5 days prior to beginning hormonal contraception



**Indications for EC**

- Unprotected or inadequately protected sex
- Inconsistent or questionable contraceptive use
- Sexual assault

**Unprotected or Inadequately Protected Sex**

- Lack of any contraception (condom or hormonal method)
- Missed or late hormonal contraception
- Condom broke or slipped during withdrawal

**Missed or Late Contraception**

- OCP - missed more than one day
- Patch - patch not replaced within one day of scheduled date
- Depo - more than 15 weeks since last injection
- Vaginal ring - more than 28 days since replacing

**Abbreviations:**

- IUD = Intrauterine device
- Depo = Depo-Provera contraceptive injection
- OCP = Oral contraceptive pills
- STI = Sexually transmitted infection