

Trichomoniasis (Trich):

What You Should Do Now

Your sex partner has trichomoniasis (trick-oh-moe-NIGH-uh-sis)

This is a curable infection people can get from having sex. You may have trichomoniasis, too.

Your partner has taken medication to cure trichomoniasis. You should also be seen and tested by a medical provider for sexually transmitted infections (STIs). It is recommended that you take medication to treat trichomoniasis as soon as you can.

Here's what you need to know:

- Trichomoniasis is easy to cure. But both you and your partner must take the medicine as indicated as soon as possible.
- You can get trichomoniasis by having sex with the penis, vagina, or anus. You can also get it by having oral sex (mouth on penis, vagina, or anus)
- Many people have trichomoniasis and don't know it.
- Some people have burning with urination (peeing); discharge from the vagina, penis, or anus; anal bleeding; or pelvic pain.
- If you don't get treated, you can get very sick, or you may not be able to have children.
- For people who don't get treated and later get pregnant, trichomoniasis can hurt their babies.

Fill the prescription your partner gives you and take the pills as directed as soon as you can.

The pills are very safe for most people, but it is always good to talk to your doctor before taking the medication if:

- You have ever had a bad reaction, rash, or allergy to antibiotics.
- You have a serious illness such as kidney, heart, or liver disease.
- You are currently taking another prescribed medication.
- You are or may be pregnant.
- You are breastfeeding.

In these cases, it's important to talk to your health care provider immediately about what you need to do.

Here is how to take the pills:

Individuals assigned male at birth:		Individuals assigned female at birth:
<i>Metronidazole (2 grams):</i> Take all of the medicine at once, as soon as you get it.	<i>or</i>	<i>Metronidazole (500 mg):</i> Take one pill each morning and night for 7 days. • Take with food or water if it upsets your stomach. • Stay upright (sitting or standing) for 30 minutes after taking medication.

Find out more about Trichomoniasis and other STI's here:



www.cdc.gov/trichomoniasis/about/index.html

Keep in mind:

- Do NOT share or give these pills to anyone else.

Most people do not have severe side effects after taking these pills.

- Some people may feel dizzy or have an upset stomach/diarrhea.

These are common problems that will go away on their own in a couple of days. If they don't, talk to your doctor. Also talk to your doctor if you develop itching or discharge from the vagina.

How long does it take for the infection to go away?

It takes 7 days.

For the week after you take the pills:

- It is best not to have sex at all with the vagina, penis, mouth, or anus.
- If you do have sex, you must use a condom or else you could get gonorrhea again.

Go to a doctor, clinic, or emergency room right away if you:

- Have lower stomach pain.
- Have pain with sex.
- Are wheezing/having trouble breathing.
- Are vomiting (throwing up).
- Have a rash or fever.
- Have pain or swelling in the testicles (balls).
- Have severe pain in your joints.

This may mean you have a more severe infection and may need stronger medication, or that you are having an allergic reaction to the antibiotic.

<i>Get tested for STIs as soon as possible.</i> • The test doesn't hurt; you only have to urinate (pee) in a cup. There is also a swab test you can use yourself. • Anyone you've had sex with in the last 60 days should also get tested. • If positive, get tested again in 3 months to make sure you didn't get chlamydia again.	Find a clinic near you: • Ask your partner where they got tested • Call the Children's Mercy Adolescent and Young Adult Medicine Clinic at 816-960-4152 • Visit www.beaconreprohealth.org/get-care/find-a-clinic to find a clinic near you. • Get tested for other STIs, including syphilis and HIV. • Protect yourself from HIV with PrEP (pre-exposure prophylaxis), a daily pill that helps you stay HIV negative.
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Children's Mercy Adolescent and Young Adult Medicine Clinic locations:
Call 816-960-4152 to schedule at the location of your choice.

Children's Mercy Broadway 3101 Broadway Blvd. Kansas City, MO 64111	Children's Mercy East 2003 Valley View Parkway Kansas City, MO 64157
Children's Mercy Northland 501 NW Barry Rd. Kansas City, MO 64155	Children's Mercy Kansas 5808 W 110 th St Overland Park, KS 66211