

Indications for HIV PrEP:

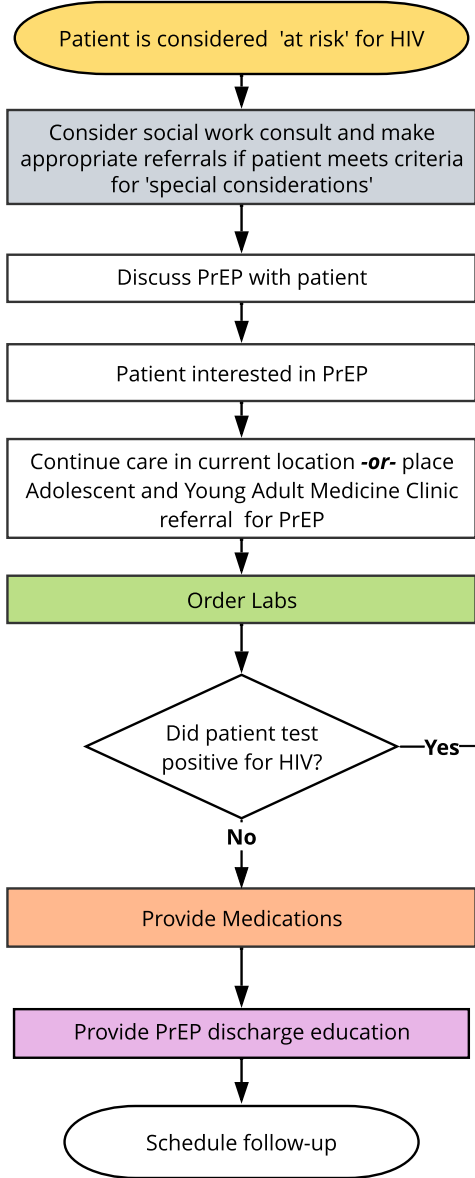
- History of unprotected sexual activity
- Other concurrent sexually transmitted infection ([Refer to STI Clinical Pathway](#))
- IV drug use
- High risk behavior
 - Drug and alcohol use
 - Multiple partners
 - Males who have sex with males
- Patient request
- Patients with history of more than one nPEP course

Exclusion Criteria:

- Positive HIV
- Pending or no HIV testing results within the past 7 days
- < 12 years of age
- < 35 kg
- Eligible for nPEP based on recent or new exposure to HIV infected body fluids (≤ 72 hours)
- History sexual activity with current illness:
 - Malaise
 - Fever
 - Sore Throat
 - Lymphadenopathy

Additional Clinicians Resources:

- Treatment Guidance for PrEP for Clinicians [Clinical Guidance for PrEP | HIV Nexus | CDC](#)





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Special Considerations:
(consult Social Work for the following scenarios)

- Concern for abuse/assault
- Concern for human trafficking, [refer to the Human Sex Trafficking Clinical Pathway](#)
- If pt age is < 17 years, consider age of partner
- Patient has developmental delay
- Patient with known pregnancy

Labs

- HIV Ag/Ab
- Hep C ab
- BMP
- Hep B Panel (sAg, sAb, cAb)

PrEP Discharge Education:

- [PrEP](#) does not protect against other STIs
- Take PrEP every day or as prescribed by HCP
- PrEP does not:
 - Impact birth control medications
 - Impact hormone therapy drugs

Additional Education Resources

- Healthy Sexual Behaviors ([English](#)) ([Spanish](#))
- Hanging Out/Hooking Up ([English](#)) ([Spanish](#))
- Your Test for HIV ([English](#)) ([Spanish](#))
- [PrEP](#)

Abbreviations:

- HCP = Health Care Provider
- HIV = Human Immunodeficiency Virus
- ID = Infectious Diseases
- nPEP = Non-occupational post-exposure prophylaxis
- PrEP = Pre-exposure prophylaxis
- STI = Sexually Transmitted Infection

Medication Options for HIV Pre-Exposure Prophylaxis (PrEP)			
Medication	Dosage/Formulation/Sig	Indication	Contraindications
Truvada® (emtricitabine/tenofovir disoproxil fumarate)	1 tablet (200/300mg)* by mouth once daily while at risk for HIV exposure	- For people at risk of HIV exposure from sex or injection drug use - Primary choice for accessibility insurance coverage	- Existing renal disease - CrCl < 60 mL/m2/min - Significant risk of bone demineralization/fractures
Descovy® (emtricitabine/tenofovir alafenamide)	1 tablet (200/25mg)* by mouth once daily while at risk for HIV exposure	- For assigned male at birth at risk of HIV exposure from sex - Patient has contraindication to Truvada®	Indicated for patients with pre-existing renal disease or specific medical contraindication to Truvada®
Apretude (cabotegravir)	Injectable cabotegravir (600mg/3mL)* IM given once every other month	- For people at risk of HIV exposure from sex - Patient unable to comply or tolerate oral medication - Some insurance providers require reason why patient failed oral treatment	Patients who are not able to comply with more frequent clinic visits and blood draws

*All medications are indicated for patients >12 years of age and weighing at least 35kg.