

Children's Mercy Urgent Care and Express Care Clinics do not perform STI screening, testing, or treatment

If a patient presents at a location that does not complete STI testing, they can be referred to the Children's Mercy Adolescent and Young Adult Medicine Clinic, the county health department, or their primary care provider.

[UCC/Express Care Guidance](#)

Inclusion Criteria:

- Signs and symptoms of STI
- Risk factors for STI
- Patients that request STI testing

Exclusion Criteria:

- Pre-pubertal child

Call SCAN provider on call

- Treatments of the following:
 - [Pelvic Inflammatory Disease Clinical Pathway](#)
 - Epididymitis, orchitis, or proctitis
 - Immunocompromised patients
 - Hepatitis
- Alternative treatments are not included in this guideline
 - Refer to the [CDC STI Pocket Guide](#)

Special Considerations:

(consult Social Work for the following scenarios)

- Concern for abuse/assault
- Concern for human trafficking
 - [Human Sex Trafficking Clinical Pathway](#)
- If adolescent if < 17 years, consult SW and consider review of state-specific consent statutes ([Missouri](#)) ([Kansas](#))
- Patient has developmental delay
- Patient with known pregnancy

Considerations for additional test sampling:

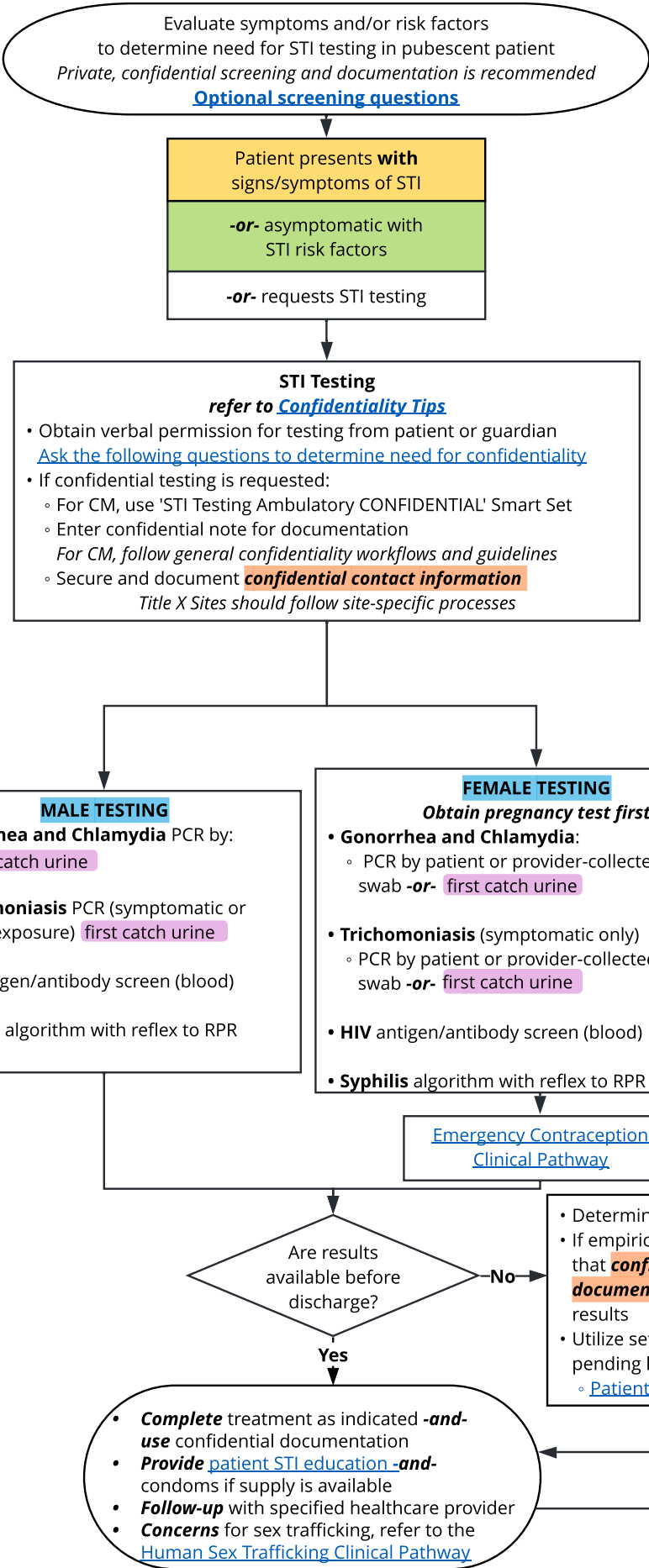
- If testing for Gonorrhea and Chlamydia, test also for Trichomoniasis due to high prevalence in metro area
- Throat swab: Pharyngitis with sexual risk factors
- Anal/rectal swab: Sexual risk factors (e.g., MSM)

Abbreviations:

MSM = men having sex with men
PCR = polymerase chain reaction
RPR = rapid plasma reagin
STI = sexually transmitted infection



QR code for mobile view



STI Signs & Symptoms:

Female

- Vaginal pruritus
- Vaginal discharge
- Inter-menstrual bleeding or menorrhagia
- Dysuria
- Urinary urgency/frequency
- Genital lesions - [Genital Lesions Clinical Pathway](#)
- Abdominal/pelvic pain with no alternate diagnosis
- Cervical motion tenderness - refer to the [Pelvic Inflammatory Disease Clinical Pathway](#)

Male

- Urethral discharge
- Unilateral testicular pain/swelling
- Dysuria
- Urinary urgency/frequency
- Painful ejaculation
- Genital lesions

STI Risk Factors:

- History of sexual activity
- Sexual assault
- Known or recent STI exposure
- Concern for pregnancy
- Concern for drug or alcohol use

PCR by First Catch Urine

- No void during previous hour
- No genital cleaning
- 20-30 mL sample: **do not overfill**
- DO NOT** order as add-on unless appropriate sample confirmed by lab

- Determine if [empiric treatment](#) is indicated
- If empiric treatment is **NOT** provided, **must** ensure that **confidential contact information is documented in EHR** to reach patient directly with results
- Utilize setting-specific procedure for follow-up of pending labs - [processes by care setting](#)
 - [Patient lost to follow-up](#)

