

Spinal Anesthesia Criteria

Inclusion:

- Patient consent, surgery below the umbilicus requiring motor and sensory blockade
- Predicted length of surgery less than 150 minutes

Exclusion:

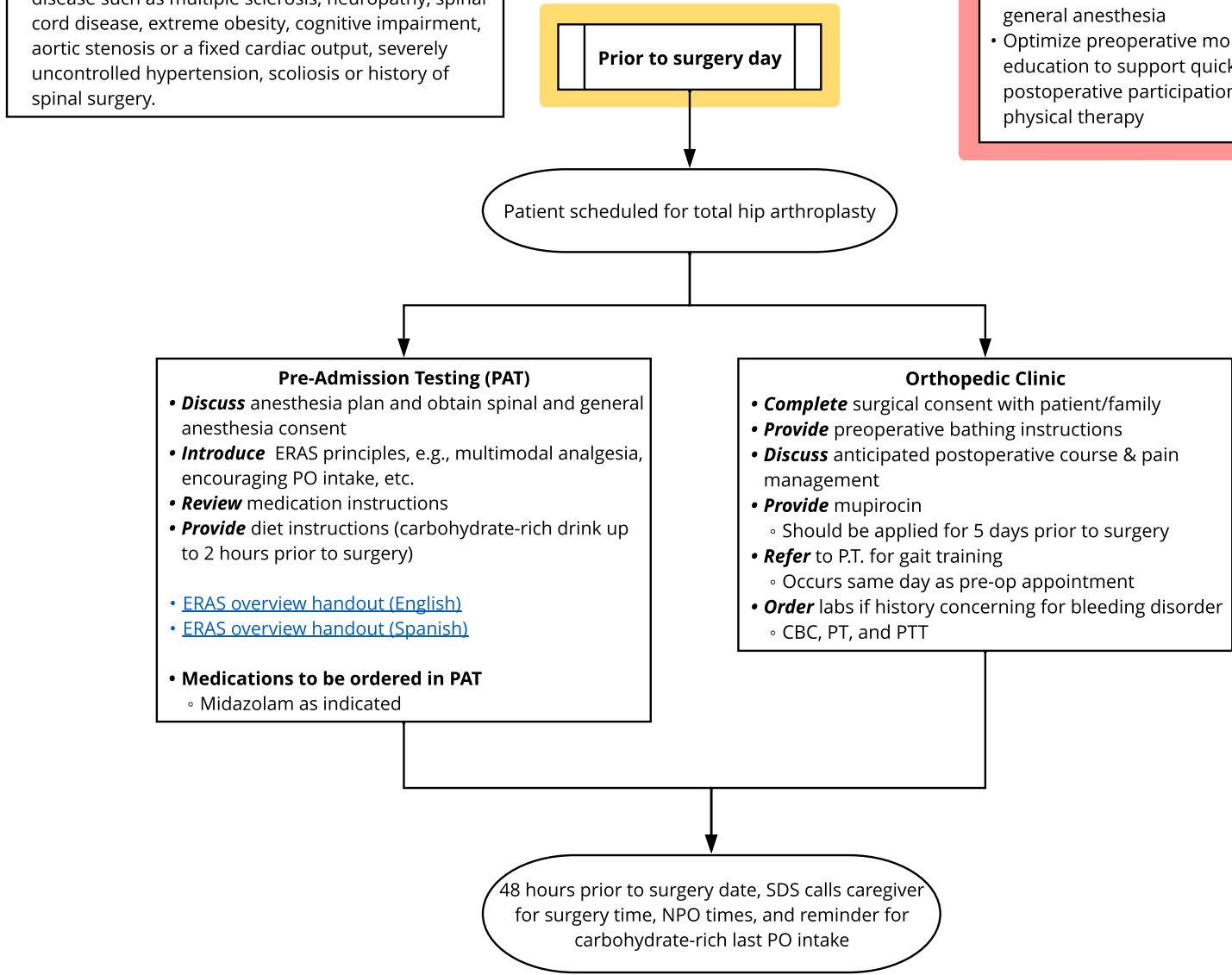
- Absolute contraindications Patient refusal, systemic infection or infection at the site, history of bleeding disorder (hemophilia, thrombocytopenia, etc.), patients on anticoagulant therapy (warfarin, heparin, etc.), allergy to medications, inability to cooperate or position for the procedure, conditions that increase intracranial pressure (brain tumor, trauma, intracranial bleed), uncorrected hypovolemia.
- Relative contraindications Pre-existing neurological disease such as multiple sclerosis, neuropathy, spinal cord disease, extreme obesity, cognitive impairment, aortic stenosis or a fixed cardiac output, severely uncontrolled hypertension, scoliosis or history of spinal surgery.



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Preoperative Goals

- Discuss the suitability of neuraxial anesthesia with sedation versus general anesthesia
- Optimize preoperative mobility and education to support quicker postoperative participation in physical therapy



Abbreviations:

PAT = Pre-Admission Testing

SDS = Same Day Surgery

PT = Prothrombin Time

PTT = Partial Thromboplastin Time

[Intraoperative algorithm](#)