VELOPHARYNGEAL DYSFUNCTION (VPD) NASAL SCOPE

Children's Mercy

Use a marker or stickers to check off each step that you have completed!



○ Sit with family member or on own



○ Spray in nose



○ Choose what to do during VPD



○ Camera slides in nose



○ Say words



○ Camera slides out of nose



○ All done

WHAT DO YOU WANT TO DO DURING YOUR SCOPE?

Children's Mercy

Use a marker or stickers to check off what will help you.



○ Read a book



○ Watch what happens



○ Play on the tablet



○ Hold someone's hand



○ Listen to music

HOW DO YOU FEEL ABOUT GETTING THE SCOPE?

Children's Mercy

It's okay to feel scared, worried or sad about getting the scope done. The scope helps the doctor and speech therapist know how your body says words and talks. Your job when you get the scope is to hold your body as still as you can and say words when asked.

