



Children's Mercy

Pediatric Menu

love will

Please call 51414 between
7AM–7:30PM for Adele Hall and 7AM–7PM for Kansas

morrison
healthcare



BREAKFAST

Cereal & Yogurts

Fruit, Granola & Yogurt Parfait



Breakfast Menu available

7am to 11 am

highlighted breakfast items available all day!

Assorted Yogurts



Strawberry



Greek Vanilla



French Vanilla



Light Vanilla

Hot cereal



Cream of Wheat



Oatmeal with Brown Sugar & Raisins



Apple Cinnamon Cream of Wheat

Cold Cereal



Whole Grain Cheerios



Cornflakes



Rice Chex



Froot Loops



Raisin Bran



Honey Nut Cheerios



Cinnamon Toast Crunch



Cocoa Puffs



Frosted Flakes

BREAKFAST

Continued

Breakfast Menu available

7am to 11 am

highlighted breakfast items available all day!

Bakery & Breads



English Muffin



Biscuit



Bagel



Cinnamon Roll



Blueberry Muffin



Pancakes or
Silverdollar
pancakes

Breakfast Entrees



French Toast or
French Toast
Sticks



Waffle



Scrambled Eggs



Hard Boiled Egg



Made To Order Egg



Breakfast Potatoes



Peanut Butter,
Apple & Granola
Wrap



Build your own omelet



Turkey
or Pork
Bacon



Turkey or Pork
Sausage



Salsa



Green
Peppers



Red
Onions



Diced Tomato



American



Cheddar



Swiss

Side meat options:



Turkey or Pork Sausage



Biscuits and
Sausage Gravy



Mini Chicken Biscuits



Turkey or Pork Bacon

Build Your Own Breakfast Burrito



Breakfast Potato



Pork or Turkey
Sausage



Pork or Turkey
Bacon



Scrambled Eggs



Flour Tortilla



Salsa Packet



Shredded Cheese

Smoothies



Mix-up Strawberry



Cool Peach



Merry Berry

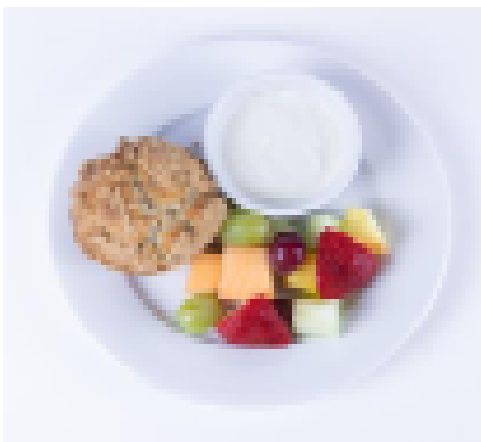
BREAKFAST

Continued



American Classic Breakfast

Scrambled Eggs, Bacon, and Breakfast Potatoes



Continental Breakfast

Muffin (blueberry, chocolate chip, or banana)
Yogurt and Mixed Fruit

GRILL

Entree, tacos & soups

Entrees



Grilled Hamburger



Grilled Cheeseburger
or Mini Cheeseburger
Sliders



Veggie Burger



Hot Dog with
Bun



Grilled Cheese
Sandwich



Crispy Chicken
Tenders



Cheese or Chicken
Quesadilla



Grilled Chicken
Sandwich

Build your own taco



Turkey Taco
Meat



Chicken



Soft Tortilla
Shell



Hard Taco
Shell



Lettuce



Cheese



Tomato



Sour Cream



Salsa Packet

soups



Chicken
Soup



Tomato
Soup



Chicken & Rice
Soup



Ramen
Noodles



Vegetable Soup



Saltine Crackers

Build your own Sandwich or Wrap



Deli Turkey



Deli Ham



Deli Beef



American (1g)



Swiss



Peanut Butter
Regular Jelly or
Sugar Free Jam



Tuna Salad



Provolone



Cheddar



Egg Salad



Chicken Salad



Ham and Cheese Roll-Up



Turkey and Cheese Sammies



Flour Tortilla



White Bread



Udi's Gluten Free
Bread



Mayonnaise or
Mustard



Tomato



Leaf Lettuce



Pickles



Red Onion

Build Your Own Pasta



Spaghetti



Penne



Turkey Meat Sauce



Meatballs



Chopped Broccoli



Marinara



Italian Sausage Crumbles



Macaroni



Wheat Penne



Alfredo Sauce



Chicken Breast



Parmesan
Cheese

ENTREES

main entrees & pizza



Pulled Pork or
Smokehouse
BBQ Sliders



Grilled Salmon



Lasagna Roll Up



Meatloaf



Roast Turkey Breast



Fish Sticks



Beef Pot Roast



Chicken Breast

Build your own Pizza



5" Pizza Crust

10"
Cauliflower
Crust



Pepperoni



Tomato



Onions



Mushrooms



Green Peppers



Marinara



Meatballs



Italian Sausage Crumbles



Chicken Nuggets



Uncrustable Grape or Strawberry



Macaroni and Cheese

ENTREES

salads & fruit



Chicken Caesar
Salad with
Goldfish Croutons



Chef Salad



Caesar Salad with
or without
Chicken



Fruit Plate with Cottage
Cheese



Crispy Chicken
Crunch Salad



Fresh Fruit Cup



Grapes



Pears



Apple



Orange



Pineapple



Mandarin
Oranges



Peaches



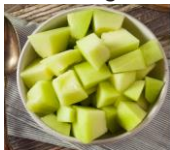
Strawberries



Banana



Applesauce



Honeydew



Cantaloupe



Watermelon



Fruit and Honey
Yogurt Crunch

ENTREES

ON THE SIDE

Sides



Mashed Potatoes



Roasted Potatoes



White Rice



Brown Rice



Tater Tots



Macaroni & Cheese



Steamed Broccoli



Seasoned Green Beans



Cooked Carrots



Sautéed Zucchini



Black Beans



Whole Kernel Corn



Cottage Cheese



Dinner Roll



Side Salad



Smiley Fries



French Fries



Green Peas



Breaded Mozzarella Cheese Sticks and Marinara Sauce



Bread Sticks and Marinara Sauce

DESSERT



Brownie Bites



Banana Pudding Parfait



Strawberry Shortcake Parfait



Applesauce with Cinnamon

Gelatin



Regular or Sugar Free

Pudding



Chocolate or Sugar Free



Vanilla or Sugar Free

Cookies



Sugar

Ice Cream



Vanilla SF Vanilla



Chocolate SF Chocolate



Strawberry SF Strawberry



Chocolate Chip

frozen treats



Sherbet Orange



Rainbow Sherbet



Italian Ice



Popsicle Sugar Free & Regular



Vanilla Wafers

BEVERAGES & CLEAR LIQUIDS

Beverages



Tea
Iced | Hot | Decaf | Regular
Sugar Free Lemonade



Hot Chocolate
Regular or
Sugar Free



Milk
Whole, 2%, Soy, or
Almond



Chocolate,
Strawberry
& Vanilla
Milkshake



Chocolate Milk
Soy or 2%



Juice
Apple, Cranberry, Grape, Orange, Prune

Clear Liquids



Hot Beverages
Fresh Brewed Tea
Decaffeinated Tea



Cold Beverages
Iced Tea



Juice
Apple, Cranberry,
Grape



Broths
Beef, Chicken,
Vegetable



Gelatin
Regular or
Sugar Free



Italian Ice

SNACKS

Snacks



Saltine Crackers



Cheddar Cheese with
Peanut Crackers



Baked Potato
Chips



Apple Slices with
Peanut Butter



Pretzels



Hummus



Carrot & Celery Sticks
with Peanut Butter



Graham Crackers



String Cheese



Cool Ranch Doritos



Oreo Cookies



Raisins

Assorted Yogurts



Strawberry



Greek Vanilla



French Vanilla



Light Vanilla



Pop Corn



Fruity Pebbles Rice Krispy Treats



Goldfish Crackers



Strawberry Go-Gurt



Crunch Veggies with Ranch



Fresh Fruit with Yogurt Dip



Dole Whip Popsicle



Chocolate Dirt & Worms



Cheez-It Crackers

MADE WITH OUT GLUTEN

MWOG: Made With Out Gluten



French Toast
(MWOG)



Bagel (MWOG)



Hamburger Bun
(MWOG)



Bread (MWOG)
1 slice



Rotini Pasta
(MWOG)



Cauliflower Crust
(MWOG)



Udi's Gluten Free
Bread



Gluten Free
Pretzels